

Open in prayer. It can be something as simple as

“Holy Spirit please guide our family in prayer. Help us to fall more in love with Jesus through scripture and this time we have together.”

Recap

- Have each family member share what brought them joy this week
- Have each family member share something that was hard for them this week.
- Talk about how you did as a family this week living out the message you read last week.

Reading: John 13:1-15 (Have someone read the following passage from scripture. If you have younger children you may choose to read the story from a children’s Bible.)

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. The devil had already induced Judas, son of Simon the Iscariot, to hand him over. So, during supper, fully aware that the Father had put everything into his power and that he had come from God and was returning to God, he rose from supper and took off his outer garments. He took a towel and tied it around his waist. Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel around his waist. He came to Simon Peter, who said to him, "Master, are you going to wash my feet?" Jesus answered and said to him, "What I am doing, you do not understand now, but you will understand later." Peter said to him, "You will never wash my feet." Jesus answered him, "Unless I wash you, you will have no inheritance with me."

Simon Peter said to him, "Master, then not only my feet, but my hands and head as well." Jesus said to him, "Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all." For he knew who would betray him; for this reason, he said, "Not all of you are clean."

So when he had washed their feet and put his garments back on and reclined at table again, he said to them, "Do you realize what I have done for you? You call me 'teacher' and 'master,' and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do."

Break it down: (Here are some questions you can talk about as a family to help better understand what you just read)

1. Who was the story about?
2. What happened in the story?
3. What was the main theme or message of this story?
4. How can we, as a family, live this message better?

Saint of the week: St. Vincent De Paul

- Follow this [link](#) for a video and article about St. Vincent De Paul. You can watch it before hand and share what you have learned or watch the video as a family!

Activity:

- Consider planning a Seder Meal with your family.
 - [Click here](#) for a family friendly resource on what a Seder Meal is and how to plan one with younger kids.
 - [Here is another resource](#) about what a Seder Meal is and how to do one.
- If you have younger kiddos [here is a great video](#) explaining the last supper.

Closing Prayer: (feel free to come up with your own prayer or pray something different each week. Below are a few options of prayers that can be said.)

Option 1:

O God of goodness and mercy, to Thy fatherly guidance we commend our family, our household and all our belongings. We commit all to Thy love and keeping; do Thou fill this house with Thy blessings even as Thou didst fill the holy House of Nazareth with Thy presence.

Keep far from us, above all else, the blemish of sin, and do Thou alone reign in our midst by Thy law, by Thy most holy love and by the exercise of every Christian virtue. Let each one of us obey Thee, love Thee and set himself to follow in his own life Thine example, that of Mary, Thy Mother and our Mother most loving, and that of Thy blameless guardian, Saint Joseph.

Protect us and our house from all evils and misfortunes, but grant that we may be ever resigned to Thy divine will even in the sorrows which it shall please Thee to send us. Finally give unto all of us the grace to live in perfect harmony and in the fullness of love toward our neighbor. Grant that every one of us may deserve by a holy life the comfort of Thy holy Sacraments at the hour of death. O Jesus, bless us and protect us.

O Mary, Mother of grace and of mercy, defend us against the wicked spirit, reconcile us with Thy Son, commit us to His keeping, that so we may be made worthy of His promises.

Saint Joseph, foster-father of our Savior, guardian of His holy Mother, head of the Holy Family,

intercede for us, bless us and defend our home at all times.

Saint Michael, defend us against all the evil cunning of hell.

Saint Gabriel, make us to understand the holy will of God.

Saint Raphael, preserve us from all sickness and from every danger to our lives.

Our holy Guardian Angels, keep our feet safely on the path of salvation both day and night.

Our holy Patrons, pray for us before the throne of God.

Yea, bless this house, O God the Father, who hast created us; O God the Son, who hast suffered for us upon the holy Cross, and Thou, O Holy Spirit, who hast sanctified us in holy Baptism. May the one God in three divine Persons preserve our bodies, purify our minds, direct our hearts and bring us all to everlasting life.

Glory be to the Father, glory be to the Son, glory be to the Holy Ghost! Amen.

Option 2:

O dear Jesus, I humbly implore You to grant Your special graces to our family. May our home be the shrine of peace, purity, love, labor and faith. I beg You, dear Jesus, to protect and bless all of us, absent and present, living and dead.

O Mary, loving Mother of Jesus, and our Mother, pray to Jesus for our family, for all the families of the world, to guard the cradle of the newborn, the schools of the young and their vocations.

Blessed Saint Joseph, holy guardian of Jesus and Mary, assist us by your prayers in all the necessities of life. Ask of Jesus that special grace which He granted to you, to watch over our home at the pillow of the sick and the dying, so that with Mary and with you, heaven may find our family unbroken in the Sacred Heart of Jesus.

Amen.

Playlist Update Here are some songs to add to your playlist this week!

[Weep with me Rend Collective](#)

[It is well with my soul](#)

[The Garden by Needtobreathe](#)